





Learning in the Home – Secondary Phase Information and Support

Welcome to your Help Guide!

This guide aims to provide useful advice and signposting to promote independent learning, in accordance with our learning homes caring schools ethos. We hope this guide will be helpful for the children in your home to further their education.

In this booklet you will find:

- · Learning activities to do at home
- Useful links and ideas for self-study
- Advice and links for EAL students

We hope that you find this resource useful!

North Yorkshire Virtual School Team

Whilst every effort has been made to ensure that the links provided are accurate, we are not endorsing companies/providers.









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Fun learning activities you can do at home!

Write a letter or make a card for somebody special. Walk to the post box and post it	Learn to sign the Makaton Sign of the Week <u>https://wetalkmakaton.org/</u>	Play board games, learn card games and do jigsaws together	
Make a quiz for the family	Play a game such as Name That Tune, Twenty Questions or Chain Reaction	Play the BBCs Climate Challenge. <u>http://www.bbc.co.uk/sn/h</u> <u>ottopics/climatechange/cli</u> <u>mate_challenge/</u>	
Try at home science experiments. <u>https://www.sciencefun.or</u> g/kidszone/experiments/	Get them to join in on a DIY project	Visit a historic site together	
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Five ways to keep your children entertained and engaged when learning at home

Keep them engaged in realtime learning: Ensure the activities are interactive Keep them active: Make activities active or take star jump breaks frequently Keep them full: BBC Food has a guide on learning through cooking <u>https://www.bbc.co.uk/food/art</u> <u>icles/learning_through_cookin</u> <u>g</u>

Keep things short and simple: Your child will learn more if you do a few short sessions a week

Keep them coming back for more!



Hobbies and interests to engage in together!

NASA - Play as you learn about NASA and its missions	 https://www.nasa.gov/kidsclub/index.html#.VpP5hDZH3zl
Learn basic engineering	• <u>https://www.primaryengineer.com/</u>
Learn how to DJ	• <u>https://www.algoriddim.com/apps</u>
Creative Bug – Online classes for anyone interested in arts & crafts	• <u>https://www.creativebug.com/</u>
Learn how to draw cartoons	 https://www.youtube.com/channel/UCHRHILY0t3i5VvKEeFMoJxw
Learn how to play the Guitar	• <u>https://try.fender.com/play</u>
Curiosity Stream - Thousands of documentaries for All ages	• <u>https://curiositystream.com/</u>
Learn the basics of Computer Science	• <u>https://code.org/break</u>
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You Tube	YouTube		
recommended of the second s	care with the suitability of adverts, auto-play and content down the right hand side which can be unpredictable – it's load it up full screen before beginning the session.		
DIY Science Challenges	<u>https://new.siemens.com/uk/en/company/education/students/diy-videos.html age 7-11</u>		
The Brain Scoop - shares the work and research of natural history museum	• <u>https://www.youtube.com/user/thebrainscoop</u>		
SciShow	• <u>https://www.youtube.com/user/scishow</u>		
Geek Gurl Diaries – Videos on Science IT & STEM subjects.	• <u>https://www.youtube.com/c/GeekGurlDiaries/videos</u>		
Mike Likes Science - Musically learn computer coding	• <u>https://www.youtube.com/channel/UCxZpM39a6aPP62h95rdEo7A</u> .		
Science Max	 <u>https://www.youtube.com/watch?v=0PHcnoYXHHY</u> 		
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The Children's University is a charity that aims to develop a love of learning in children. They aim to improve the aspirations and attainment of pupils aged 5 to 14 by providing learning activities beyond the normal school day, such as after-school clubs, visits to universities and museums, and 'social action' opportunities such as volunteering in the community. Participation is rewarded through credits, certificates and a 'graduation' event.

As well as developing the wider child, an EEF study found positive impacts on Key Stage 2 maths and reading results equivalent to about 2 months' additional progress.

The Virtual School is part of the Children's University, contact us for more details by emailing <u>virtualschool@northyorks.gov.uk</u>









Reading together

Below are lists of books, recommended by Pie Corbett, that Primary School aged Children will enjoy to read with support. Secondary age books will be set by the school, but most of the books on the Year 3, 4, 5 and 6 list will still challenge KS3 and 4 readers when they are reading independently for enjoyment.



Use your favourite author's websites

Below are some examples of the most popular Authors for Secondary School aged children. For others, just search for an author's 'official website'. The sites often contain information about the Author, FAQ about books and even activities.



Useful web links to help your child's education

Science Kids - Fun science experiments, cool facts, free games	•https://www.sciencekids.co.nz/
Quizlet - Revision tool for all ages	• <u>https://quizlet.com/en-gb</u>
Tynker - Coding activities	• <u>https://www.tynker.com/</u>
Literacy Shed – Literacy inspiration for Early years to 15+ years	•https://www.literacyshed.com/home.html
Good to Know - Pretend to travel the world, virtual tours of museums and zoos.	• <u>https://www.goodtoknow.co.uk/family/best-virtual-tours-for-kids-536089</u>
Audible - Free audio stories for all ages	• <u>https://stories.audible.com/discovery</u>
Nrich creative maths challenges with answers	• <u>https://nrich.maths.org</u>
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BBC Bitesize

How to use BBC Bitesize

Follow this link to the BBC Bitesize homepage https://www.bbc.co.uk/bitesiz Pick your year and subject and start learning from home today! Videos, articles and quizzes for KS3 & GCSE students to support their learning.

BBC

Bitesize

Resources for over 36 GCSE subjects!

You can save any lesson or activity to My Bitesize to complete later.

It is advisable to explore the site to find the most appropriate topics for your child.

Resources available for KS3



Activities for Children Learning English as an Additional Language

Learn English Kids: British Council - Free games, songs, stories and activities.	 <u>http://learnenglishkids.britishcouncil.org/</u>
Agenda Web - English activities including Grammar, Verbs and Vocabulary	• <u>www.agendaweb.org</u>
Collaborative Learning - A wide range of activities, on a wide variety of subjects.	 <u>http://www.collaborativelearning.org/activities.html</u>
MANTRA - Free access and resources to dual language library books, including Dyslexia friendly books.	 <u>https://uk.mantralingua.com/homereading</u>
Oxford Owl - Free access to on-line books for children aged 3-11. Suitable for Children with a low reading level.	 <u>https://www.oxfordowl.co.uk/for-home/library-page</u>
BBC Learning English – Activities in Grammar, Vocabulary and Pronunciation.	 <u>https://www.bbc.co.uk/learningenglish/english</u>
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How to keep your child safe online!

These websites are recommendations only and content can change. Please make sure to safeguard your children by using 'parental controls' from your internet provider and on the device they are using. We recommend supervising them and regularly checking the search 'History'.

For Older Children to learn how to stay safe online	 <u>https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/</u>
Resources on how to keep children safe online	• <u>https://www.childnet.com/resource</u> <u>s/</u>
Useful guides specifically about keeping Looked After Children safe online. There is also a section on responding to behaviours/warning signs in an appropriate manner	• <u>https://www.internetmatters.org/inc</u> lusive-digital-safety/
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Health and Wellbeing Tips

Prioritise	Focus	Exercise	Breathe	Gratitude
 Break up tasks into manageable chunks Categorize items on your to do list as must, should, could Forgive yourself if you don't achieve what you set out too 	 Disrupt negative thinking by paying attention to the present moment Notice how your feet hit the floor when walking from room to room Tune in to the taste and texture of your food as you eat 	 Dance to your favorite song Do push ups during the adverts on TV Walk to a local park with a friend Learn a dance routine on YouTube 	 Take control of your breathing Perform slow and rhythmic breathing in and out Listen to meditation guides such as on the Calm app 	 Take notice of the pleasures in life Thank others for what they do more often Get into the habit of listening or reflecting on three good things which you are grateful for each day

The <u>Every Mind Matters</u> campaign is offering practical NHS-endorsed tips and advice to support children's mental wellbeing

